

# Parenting Styles

## Module 08



Parenting is one of the hardest challenges in life. It's a ongoing learning curve and each person has their own style of parenting. Being on the same page in a relationship is important for both of you and the child.

# Parenting Styles

Identify your parenting style and discuss which best can work for your family. If you are not on the same page you can delegate one parent to be the primary decision maker as long as you fully support that role.

## 01 Authoritarian

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## 02 Permissive

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## 03 Non-Responsive

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## 04 Democratic

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## Additional Notes

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# Family House Rules and Responsibilities

## List of House Rules

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1.	
2.	
3.	
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5.	
6.	

Person in  
Charge

## List of Responsibilities


# Additional Notes

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# ARE YOU READY TO TAKE ACTION?

If you need additional support. Don't hesitate to reach out to me.  
I'm here to help you every step of the way.



Book a FREE consultation

For further details of my services and programs check out my website.

You can also follow me on Instagram.



<https://www.instagram.com/separationdivorcecoach/>

# Stay Connected

Coaching people is my passion not my profession. Reaching out for help is a strength not a weakness.

## LET'S KEEP IN TOUCH



[www.patricia-lavigne.com](http://www.patricia-lavigne.com)

[416-312-6983](tel:416-312-6983)

[info@patricia-lavigne.com](mailto:info@patricia-lavigne.com)